

FULL LIQUID DIET: WHAT TO EAT AFTER JAW SURGERY

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Six weeks on liquid diet - Home Cooking - Chowhound

After oral surgery, a liquid diet is often the focus of your diet. Blended and pureed foods often need to be thin enough to pass through a straw or your When eating the correct foods and amounts, weight loss often does not surpass 15 pounds.

LOOKING for: recipes for after jaw surgery

Explore Marcus Kelly's board "Liquid Diet After Jaw Surgery", followed by about Liquid diet recipes jaw surgery, After surgery and Pureed food recipes.

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Eating When Your Jaw Is Wired: Care Instructions

It may not look like the well-cooked, beautifully served meals you're used to, but you 2 slices of bacon, crisp; soft cooked eggs; 1/2 cup hash brown potatoes.

Liquid Diet | Double Jaw Surgery

"I Had To Survive On A Liquid Diet After Having Jaw Surgery" . liquid diet and soft food diet has taught me is that the portions that we eat are.

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For example, you can throw rice, green beans, and even meats like chicken into a blender or food processor, essentially making them into a cream soup, and eat them that way. So glad I stumbled upon this--I just got upper and lower jaw reconstructive surgery last Tuesday, and for the most part it's been absolutely awful. TomatoSoup.CheeseSoup. It's true, most everything can blend up - some won't taste the best, but trial and error works great and desserts will be tasty for sure :- I lost about 10 pounds after surgery but did get most of it. Luckily Paulie was there to step up to the plate. I'd recommend that you don't switch totally to nooch instead of cheese, but if you split half and half, it might not gum up a tube?

Howgreatthatyou'vepublishedthesehereforusto"enjoy"orhatewhetherwe pre washed spinach, wilt in a covered saucepan with a few tablespoons of water.